



Tryout Application & UIL Paperwork

- Available March 1st on the Jesuit Cheer website (www.JesuitCheer.com)
- Due March 13th (for current Ursuline students)
- Due March 20th (for new Ursuline students)

- The try out application will be a google form to be filled out by the applicant.
- UIL forms include (1) Physical and Medical History, (2) Sudden Cardiac Arrest, (3) Concussion Acknowledgement, and (4) Acknowledgement of Rules will be submitted via a google form.
New/Transfer students must also submit a proof of enrollment with deposit receipt.
Please note, if an applicant's physical expires before or during try outs, the applicant will not be able to participate until a new physical is completed and turned into the head coach.
- Punctuality of paperwork is included in the tryout clinic week score.

Calendar

- Calendar on the website is updated frequently!
- Tryouts:
 - April 2 – 3: Tryout Clinic
 - April 4: Mock Tryouts
 - April 5: Varsity Tryouts
 - April 6: JV Tryouts
- Uniform Fitting: April 16th
- Summer Practices: April 22 – May 15
- Extended Summer Practices: May 28 – June 1
- Camp Practices: July 11 – 13
- NCA Camp at the Gaylord: July 14 – 17
- Fall Practices Begin: August 14

Tryouts Dates

- April 1: Material will be released by noon
- April 2: Clinic from 4:30 – 6:30 pm
 - o Tryout numbers will be assigned
- April 3: Clinic from 4:30 – 6:30 pm
 - o Stunt evaluation will occur
- April 4: Mock Tryout from 4:30 – 7:00 pm
- April 5: Varsity Tryouts from 5:00 – 7:00 pm
- April 6: JV Tryouts from 9:00 – 11:00 am



Tryout Information

Please visit the website for information including score sheets.

- All skills are judged on a dead mat without assistance.
- Teams:
 - The Junior Varsity team consists of Freshmen and Sophomores
 - The Varsity team consists of Juniors and Seniors
 - The team size is dependent on the natural break of scores and can range from 18-23 members per team.
- Scores:
 - All applicants are scored the day of tryouts by outside judges.
 - Scores are not released.
 - Clinic week is scored out of 50 points.
 - Participation/Progress: 5 points
 - Demeanor/Attitude: 5 points
 - Punctuality: 5 points
 - Stunt Evaluation: 20 points
 - Highest stunt skill to be evaluated for JV will be Extension Cradle
 - Highest stunt skill to be evaluated for Varsity will be Scale Cradle
 - Mock Tryouts: 15 points
 - Evaluation of the 3-3 chant will include voice projection, memorization, motions, and skills.
 - Athletes will have the chance to perform mini-mix skills, but will not be scored.
 - Tryouts judged by outside judges is scored out of 85 points.
 - There is a potential for 5 bonus points.
 - Running Tumbling: 10 points + 1 bonus point available
 - Standing Tumbling: 10 points + 1 bonus point available
 - Spiriting: 5 points
 - Jumps: 15 points
 - Cheer: 20 points + 3 bonus points available
 - Dance: 15 points
 - Showmanship: 5 points
 - Overall Impression: 5 points



Attendance:

- Applicants must attend school in order to attend clinic and/or tryouts.
- Ursuline requires students to attend 2 or more classes to be considered present for school.

Attire:

- Clinic & Mock tryouts
 - o No oversized shirts, strappy tanks, or shorts with buttons.
 - o Briefs must be worn if shorts are not lined.
 - o Applicants trying out for the position of flyer MUST WEAR BRIEFS under their shorts.
 - o Hair needs to be neatly pulled back in a high, clean ponytail.
 - o No jewelry is allowed.
 - o A fun bow or ribbon is encouraged!
- Tryouts
 - o Navy or black shorts
 - o Plain white t-shirt or non-strappy tank
 - o White or no-show socks
 - o Cheer or tennis shoes
 - o A bow or ribbon is encouraged!

Illness:

- Athletes will adhere to policies and protocols set by the Jesuit and Ursuline administration.
- If you have tested positive for COVID leading up to tryouts, you must have a negative test prior to returning to campus.
- For all illnesses, athletes must be fever free for 24 hours without medication.

Video submission:

If an athlete is injured or sick prior to or during the tryout week, athletes may submit a video of the tryout material with clearance and permission from the Head Coach. Skills must be performed on a deadmat, field or basketball court without spotting assistance. Video submissions will not be accepted after Saturday (April 6th) at 9am.

As you prepare:

We highly recommended that you video yourself performing your skills on deadmat in case of an injury.

Incoming freshman: High School Prep Clinic next week. Information will be emailed out to you.

Contact the Coaches:

Laura Sayers: lsayers@jesuitcp.org

Kendra Sawyer: ksawyer@jesuitcp.org

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