



TRYOUT INFORMATION

IMPORTANT DATES:

March 12th: Informational Meeting at 5 pm
April 1st: Application Due Date by 5 pm
April 6th: Material Release around 12 pm
April 7th: Clinic Day 1 from 4:30 pm – 6:30 pm
April 8th: Clinic Day 2 from 4:30 pm – 6:30 pm
April 9th: Clinic Day 3 from 4:30 pm – 6:30 pm
April 10th: Varsity Tryouts start at 5 pm
April 11th: JV Tryouts start at 9 am

TRYOUT FORMS:

Please submit your application in a timely manner. All forms are due no later than April 1st. (1) The tryout application includes parent and athlete information as well as a medical history and physical form to upload. In addition to those, there is a section with our handbook, demerits, and summer dates. We are asking each athlete to provide confirmation that they have read and agree to each of these items. (2) The UIL forms are also a requirement for tryouts. These include: a Sudden Cardiac Arrest Awareness Form, a Concussion Acknowledgment Form, and UIL Acknowledgment of Rules.

[TRYOUT APPLICATION](#) [UIL FORMS](#)

TRYOUT MATERIAL:

Material files will be posted to the website on April 6th. Videos include: The tryout dance, cheer, and chant. As well as a video of the Jesuit Fight Song and stunt demos. A sample minimix is currently on the website, the tryout dance music and the Jesuit Fight Song will be released with the rest of the material on April 6th. The minimix is a track of music played for each individual trying out. It prompts for running tumbling, standing tumbling, and jumps (in that order). Additional choreography can be added in between the sections.



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TRYOUT CLINIC:

Day 1 – Review/Stunt Group Assignments

It is important to review the material shared and learn as much of the material as possible. We will review the tryout dance, cheer, and chant along with the fight song.

Day 2 – Stunt Evaluations

Safety is the priority. We will have JV and Varsity split during the assessments. Stunt groups will have time to warm-up before being evaluated on technique, coach-ability, safety, and skill. When the athletes are not stunting, they will review material.

Day 3 – Mock Tryouts

With their assigned partners, the athletes will do a mock tryout including the minimix, cheer, and dance. Larger groups will perform the chant for evaluation.

Friday: Varsity Tryouts

Saturday: JV Tryouts

[Clinic Score Sheet](#) [Tryout Score Sheet](#)

ATTIRE:

Athletes are expected to wear cheer or tennis shoes with appropriately fitted athletic clothes throughout all of tryouts. We encourage bows, ribbons, and fun colors during the clinic. Shorts or skirts must have liners or briefs can be worn. For tryouts, the girls are required to wear black or navy bottoms and a plain white top with no brands, logos, or names visible. Absolutely no jewelry should be worn throughout the clinic and tryouts.



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ADDITIONAL INFORMATION: New to Ursuline: You cannot complete the tryout application until you are accepted and pay your deposit. New/Transfer students must also submit a proof of enrollment with deposit receipt.

Video submission: Video tryouts are considered on a case by case basis with the full approval of the coaching staff. All skills must be performed on a dead mat, field, or basketball court without spotting assistance. Videos will be judged by the judges on the tryout dates depending on the grade level. No videos will be accepted after tryouts.

As you prepare: All skills are judged on a dead mat with no assistance. We recommend that you video your skills often in case there is a need to submit a video tryout.

Tryout Clinics and Tryouts are not recorded or open to the public.

Tryout scores are not released.

SPRING/SUMMER DATES: Spring Practices in April/Early May: TBD.

Mandatory Summer Practice: TBD.

Mandatory Camp: July 30–August 2 at the Gaylord. We will also have mandatory pre-camp practices the days leading up to camp.

Pre-season Practices: TBD